

Admissibility Dutch Students to SPI trainings in the Netherlands

Sensorimotor Psychotherapy is a 'body oriented' talking therapy. The SP -site states ' The Training Program is designed for **legally authorized mental health professionals** to integrate and apply Sensorimotor Psychotherapy theory and techniques into clinical practice."

The Dutch Mental Health Field is complicated. By offering trainings in the Netherlands, the Dutch organizations aims at positioning SP within the regular Mental Health Services. That makes Registrations and Accreditations very important. They are a means to guarantee the quality and high professional standards of both training and trainee. It is important to abide with the accreditation rules as much as possible. Also SP is a post-academic/post university training.

Hence the clarification up front on admissibility of Dutch Mental Health professionals. We limit ourselves to two groups: BIG-registered psychologist, psychotherapists or psychiatrists, their equivalents and/or those that are in an advanced stage of their training to hold a post academic therapeutic license (VGcT/NIP/NtvP/GGZ-arts)

All those that hold a **UNIVERSITY MASTER DEGREE** (or in the pre 2000 system title drs./doctorandus) in one of the behavioural sciences AND have had at least 2 years of post graduate clinical training, have worked under supervision plus have relevant working experience are admissible.

These professionals have to re-register every 5 years during which they have to prove to have been involved in accredited professional education. Also they are liable for their actions under Dutch law (Medisch klacht-en tuchtrecht)

Applicants that do not meet the pre-requisites, can not be admitted to the Dutch Trainings. For them workshops and short trainings will be provided in the future.

1. BIG

A. Fully Licensed Mental Health professionals that hold a governmental BIG registration or can prove to be currently in training to become licensed (www.bigregister.nl)

- * GZ-psycholoog BIG
- * Orthopedagoog BIG
- * Psychotherapeut BIG
- * Klinisch psycholoog BIG
- * Klinisch Neuropsycholoog BIG
- * Psychiatrists BIG

B. Fully Licensed Mental Health professionals that hold an equivalent to the BIG registration or that can prove to be in training to become licensed in one of the following professional registers

- NIP Register Psycholoog Kind & Jeugd
- NIP Eerstelijns Psycholoog (ELP)
- NIP Lichaamsgericht werkend psycholoog (LWP) (www.psynip.nl)
- VCGT - Cognitive Behavioral Therapists / Cognitief Gedragstherapeut (<https://www.vgct.nl/>)
- Dutch Psychotrauma therapists / NtVP full registered members (<https://www.ntvp.nl/register/>)
- Mental health / youth doctors (medical) that are experienced in trauma treatment / work clinically e.g. administer therapy as part of a multidisciplinary team for example (admission based on CV) (BIG registration)

2. Register vaktherapie

3. Senior Psychomotor/Movement Therapists that are registered as VAKTHERAPEUT in Register Vaktherapie (www.registervaktherapie.nl) that can also prove to hold

- * Master degree Psychomotor Therapy (finished Master studies > 2 years prior to taking SP)
- * > 5 years of working experience (min. of 16 hours per week over 5 years)
- * working experience in relevant Mental Health setting (member of multidisciplinary team, trauma focus e.g.)
- * a minimum of 45 hours of supervision / own therapy
- * is part of an active peer supervision group

NOT ADMISSIBLE:

Basis Psycholoog / Basis Orthopedagoog because of lack of clinical supervised training.

General physicians that have had no clinical training are not admissible.

All other mental health practitioners are not admissible because they do not hold an academic degree at at least Master Level.

Not admissible to regular trainings are those *whose highest level of education* is HBO - diploma or certification in

- social work (not an academic education in the Netherlands)
- haptotherapy
- integrative child or adult psychotherapy HBO (Academie voor Psychotherapie)
- European Certificate of Psychotherapy
- play therapy
- family or couples therapy HBO
- NLP neurolingvistisch programming
- general nursing / social psychiatric nursing (SPV) / Nurse Practitioner (Verpleegkundig Specialist)
- physiotherapy / psycho-somatic physiotherapy

We no longer admit people with a waiver on the Dutch trainings.

People having been trained in SPI trainings in the Netherlands, and working the general Mental Health Field in the Netherlands or Dutch speaking part of Belgium, **can become (aspirant) member of the Sensorimotor Psychotherapy Institute Professional Association (SPIPA) - NL** . After completing level II alumni can become full members, provided they are registered as GGZ-professionals and as such accountable for their professional work by means of law (BIG) or by means of professional membership (Verenigingstuchtrecht).

SPIPA-NL aims at positioning sensorimotor psychotherapy as a main stream psychotherapy in the Dutch field of psychology and psychotherapy. More info on SPIPA-NL : www.sensorimotorpsychotherapy.nl.